

Who Am I?

“Because it is an eternal absolute, the importance or worth of each individual cannot be affected by people. Worth cannot be increased or decreased; it cannot be annihilated or destroyed. Worthlessness is not an option. Feeling worthless is quite common but it is a feeling based on a false premise. It is erroneous thinking; nothing can make these feelings correct since no person is without eternal worth.

Worth is not of this life and therefore cannot be earned or affected by this life. The worth of each individual is a divine given. It is an inherent aspect of each life. Worth is constant and unchanging. Recognizing our great worth in the sight of God is humbling and, in fact, is just the opposite of pride. According to Elder Maxwell, 'Humility is not the disavowal of our worth; rather it is the sober realization of how much we are valued by God.' Sorting out these truths cognitively is only the first step. We must pray for a testimony, by the Spirit, of our eternal worth- that we are of such great value to Christ that He died for us personally (D&C 18:10-13). By way of the Holy Ghost, we can know for certain that our worth, which is great in the sight of God, is absolute and can never be changed- no matter what we or anyone else thinks, believes, feels, or does.”

-Strengthening Our Families (221)

“[Man] sees in part, and he knows in part; but never while tabernacled in mortal flesh will he fully awaken to the intelligence of his former estate. It surpasses his comprehension, is unspeakable and even unlawful to be uttered.”

-Elder Parley P. Pratt (*Key to the Science of Theology*, 58)

Then it was as if I suddenly saw the secret beauty of their hearts, the depths of their hearts where neither sin nor self-knowledge can reach the core of their reality, the person that each one is in the eyes of the Divine. If only they could all see themselves as they really are. If only we could see each other that way all the time. There would be no more war, no more hatred, no more cruelty, no more greed...I suppose then, the big problem would be that we would fall down and worship each other.

-Thomas Merton

“Knowest thou not, that thou art a spark of Deity, struck from the fire of eternal blaze, and brought forth in the midst of eternal burnings?”

-John Taylor

“The issue is truth, my dear brothers and sisters, and the only way to find truth is through uncompromising self-education toward self-honesty to see the original “real me,” the child of God, in its innocence and potential in contrast to the influence from the other part of me, “the flesh,” with its selfish desires and foolishness

-Elder F. Enzo Busche